

Our Mission is to provide services, intergenerational activities, and opportunities to the elderly and disabled adults of Ashe County that enhance their dignity and help them maintain their independence at home.

Upcoming Events

Thursday, January 15, 2009

9:00am

@ Ashe Services for Aging Conference Room

Community Resource Connections (CRC) Collaborative Meeting

For more information, call 246-2461

Monday, January 26, 2009

6:00pm

@ Generations Adult Day Center (Ashe Services for Aging)

Special Olympics Organizational Meeting

For more information, call Kim Dalessandro (Coordinator) at 704-799-5103

Thursday, February 19, 2009

9:00am - 12:30pm

@ Ashe Services for Aging

The Ashe County State of Health and Quality of Life Community Forum 2009

"Bringing the Vision Home & Staying Focused"

For more information, call Nancy Kautz or Janet Braithwaite at 846-0781



55-Bed Assisted Living Facility Underway

On September 12, 2008 a Ground Breaking Ceremony was conducted for the planned 55-bed Assisted Living Facility on Ashe Services for Aging's campus. Grading by Vannoy Construction began the following week as the 12-14 month project is now underway.

The Assisted Living Facility will be owned and operated by Ashe Services for Aging, Inc. The facility beds will consist of 31 Regular Care Unit beds and 24 Special Care Unit beds for persons with Alzheimer's and Dementia related disorders. The 31 Regular Care Unit beds are single occupancy however semi-private rooms will be available for married couples, family members, or friends who desire double occupancy. The 24 Special Care Unit beds are semi-private and will be separated from the Regular Care Unit. The Assisted Living Facility will offer a full complement of amenities and services for our residents. The residence will cater to frail, elderly individuals desiring assistance with the activities of daily living. The Facility services will also be complementary to the

other Ashe Services for Aging programs. It will uniquely offer a rich program of existing services for elderly persons and personnel competencies on the same campus. The Assisted Living Facility will have an activity program that will focus on physical fitness, creativity, social opportunities, as well as learning and spiritual activities and programs. Scheduled group trips will also be incorporated as well as resident-sponsored clubs for a variety of interests. A van will also be available to provide transportation to social events, shopping and medical appointments.

Payment for resident rooms will be by Private Pay (which will be based on competitive rates) or by State County

Assistance with Medicaid. Inquiries are now being accepted. Please call Jane Banks at 246-2461 for more information. The target date for resident admissions is set for January 2010.

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Participating in the groundbreaking for a new adult care home are, from left, with shovels: Sen. Steve Goss, Jane Banks, Dana Tugman, Rep. Cullie Tarleton and Richard Blackburn. In back are ASA Board and Foundation members Sidney Whitener, Dr. Jackie DuSold, Linda Worsham, Judy Davis, Lew Mullinax, Barbara Roe, Elaine Graybeal, Tommy McClure, Gail Blackburn, Mark Wiest, Dr. Clay Church and Virginia Roberts.



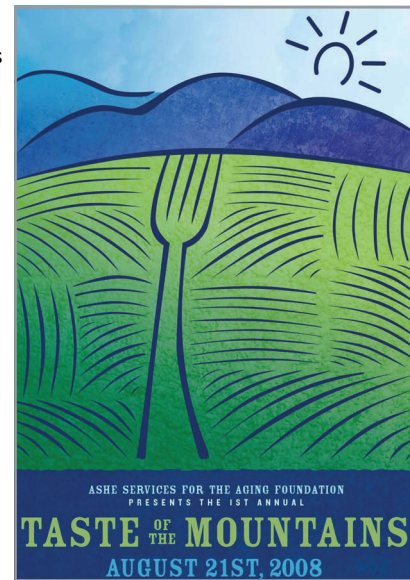
Ashe Services for Aging

Comprehensive Support for Better Senior Living

1st Annual Taste of the Mountains

Ashe Services for Aging Foundation's 1st annual Taste of the Mountains fundraiser for ASA's Home Delivered Meal Program was a success! Approximately \$3,000 was raised through sponsorships and restaurant participation.

Reduced funding has cut into the budget and reduced the number of clients who could be served with Home Delivered Meals. With a shift in the elderly population in Ashe County, Ashe Services is constantly seeing an increased need for more home delivered meals. To address the lack of funding and the need for more meals, the Foundation held their 1st annual Taste of the Mountains fundraiser on August 21, 2008. Ashe County citizens had the opportunity to dine out for breakfast, lunch, and dinner at participating restaurants who donated 10% of their day's proceeds to our home delivered meal program. Much appreciation goes to our participating restaurants: Bohemia, Fraser's Restaurant & Pub, Shatley Springs Inn, and Wendy's. Much appreciation is also extended to our sponsors: Community Sponsors—James R. Vannoy & Sons Construction Company and Senator Steve Goss; Corporate Sponsors—UltraScreen, Inc., B & G Plumbing, Heating & Electric, Skyline Membership Corporation, and American Emergency Vehicles; Supporting Sponsors—Representative Cullie Tarleton, Yadkin Valley Bank, and Ashe County Motors.



Last year over 14,000 meals were served to the homebound elderly through Ashe Services for Aging's home delivered meal program. Currently, there are 85 clients that receive this service and 28 wonderful volunteers who deliver the meals everyday. Taste of the Mountains has enabled our home delivered meal program to serve more meals to our homebound elderly and has reduced the program waiting list. The Foundation is excited about what the 2nd annual Taste of the Mountains will bring, which is projected to be held this summer of 2009.

To find out more about home delivered meals, please call Betty Lambert at 246-2461. If you are interested in volunteering in meal delivery please contact Dawn Goodman, Volunteer Coordinator at 246-2461.

\$10,000 Grant Awarded To ASA

The N.C. Department of Health & Human Services provided funds to 10 programs serving 28 counties across the state to develop Community Resource Connections for Aging and Disabilities (CRC), to help connect older adults and adults with disabilities to the services they need.

North Carolina received grant funds from a federal Centers for Medicare & Medicaid Services 'Systems Transformation Grant' for expansion of Aging and Disability Resource Centers (ADRC). The state will distribute \$400,000 in those funds over the next three years to



selected local communities. The grant funds range from \$10,000 for planning grants and up to \$67,500 to develop fully functioning connective services.

The goal of this project is to develop formal connections between local service providers and older adults and their caregivers as well as adults with disabilities.

In June 2008, Ashe Services for Aging submitted a \$10,000 mini-grant proposal, with a focus on improving Ashe County's awareness, information, and access to services for individuals in our community. We are excited to announce that we have been awarded the \$10,000 and are now ready to begin implementing plans on this much needed improvement.

Our first CRC Collaborative meeting will take place Thursday, January 15, 2009 at 9:00am at Ashe Services for Aging. Consumers are welcome to participate in the planning process and we encourage your attendance. This development project will also be key to the Ashe County Aging Leadership Planning Team as they help create action plans to address the information and awareness initiative. For more information regarding this project please call 246-2461.



Foundation's 4th Annual Campaign Continues

Ashe Services for Aging Foundation's fourth annual campaign is currently underway. Beginning November 1, 2008, this campaign has given the community a great way to get involved in helping the Foundation raise money to help furnish the 24-bed Special Care Unit for persons with Alzheimer's and related disorders. The Foundation Board, consisting of Clay Church, Jak Reeves, Sally Walters, Garner Blevins, Gwen Ashley, Jane Banks, Kenny Greene, Carl Hanlon, Elam Kurtz, Rick Price, Virginia Roberts, Barbara Roe, Dana Tugman, and Cathy Yates, have worked diligently toward this effort.

Forty thousand dollars is needed to help furnish the Alzheimer's unit. Special furnishings will be used such as break resistant bolted down lamps, motion back chairs without the hazard of a rocker/recliner or rolling, and special window treatments without the choking hazard of mini blind pulls. A cost of \$6,500 is estimated for 24 lamps, \$20,000 for the motion back chairs, and \$15,000 for the special window treatments.

Ashe Services for Aging Foundation's third annual campaign was a tremendous success, more than doubling its initial goal. We have currently reached 70% of our goal for this years fourth annual campaign. Much appreciation is extended to the individuals, businesses, civic organizations and churches

who have already demonstrated their support for Ashe Services for Aging.

For over thirty years, Ashe Services for Aging has strived to meet the needs of our elderly and disabled citizens through services and opportunities that enhance their dignity and help them to maintain their independence at home. Each year, ASA provides services to more than 5,000 Ashe County citizens through its home care program, home delivered meals, senior center activities, congregate meals, senior housing, adult day health care, and food pantry. It has impacted so many families in Ashe County.

The Foundation still needs your help to reach our goal! Your tax deductible contribution will assist in providing a quality care center. We hope you will take this opportunity, if you have not already done so, to contribute generously to this needed expansion of the continuum of quality and compassionate services provided through Ashe Services for Aging. You will be a part of a team dedicated to the health and well-being of our senior citizens.

For more information, please call Ashe Services for Aging Foundation at 336-246-2461 or you may send your contributions to: Ashe Services for Aging Foundation, Inc., P.O. Box 9, West Jefferson, NC 28694.

Welcome: New Board Members

Ashe Services for Aging

Board of Directors

Mary Fran Knight

Tommy McClure

Ashe Services for Aging

Foundation Board of Directors

Carl Hanlon

Gwen Ashley

Cathy Yates

MANY THANKS To Our 4th Annual 2008-2009 Campaign Donors!

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